

east J cafe

March 24 – 28, 2025

MONDAY, MARCH 24

Breakfast: Scrambled Eggs, Farmer's Breakfast, Breakfast Sweet Breads

Lunch: Big, Fat Greek Salad with Chicken
Cranberry Pecan Chicken Salad on Croissant

National Nutrition Month Cultural Meal:

Midwest Re-Envisioned

Meatloaf
Mashed Potatoes
Corn
Scotcheroos

TUESDAY, MARCH 25

Breakfast: Scrambled Eggs, Denver Hand Pie

Lunch: Chef Salad
Honey Mustard Chicken Wrap

Pasta Bar
*Including Beef Meatballs, Garlic & Herb Chicken, Marinara & Alfredo Sauce
Garlic Toast, Roasted Vegetables*

WEDNESDAY, MARCH 26

Breakfast: Scrambled Eggs, Pistachio Coconut Oatmeal, Breakfast Quesadilla

Lunch: Fajita Steak Salad
Turkey & Swiss Hoagie

Greek Chicken with Tzatziki
Lemon Herb Quinoa
Mediterranean Cucumber Salad

THURSDAY, MARCH 27

Breakfast: Scrambled Eggs, Egg Casserole, Orange Blossom Muffin

Lunch: Ginger Sesame Chopped Salad with Chicken
Pork Burger Chicken & Wild Rice Soup
Red Pepper & Gouda Soup
Fresh Baked Dinner Roll

FRIDAY, MARCH 28

Breakfast: Scrambled Eggs, Breakfast Sandwiches

Lunch: Crispy Chicken Salad with Parmesan Vinaigrette
Ultimate Deli Sub

Fish Taco Bowl
Featuring Seasoned Fish, Brown Rice, Cilantro Slaw, Black Beans, Guacamole, Mexican Cheese, Pickled Onions, Chipotle Crema

Monday — Friday:

Hot Breakfast from 7:00 a.m. to 8:30 a.m.

Hot Lunch from 11:00 a.m. to 1:00 p.m.

Café gate remains open 24/7 for Associate payroll deduct & credit card purchases.

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March 31 – April 4, 2025

MONDAY, MARCH 31

Breakfast: Scrambled Eggs, Western Scramble, Turnover

Lunch: Appleberry Edamame Salad with Chicken French Dip

National Nutrition Month Cultural Meal: India

Indian Naan Bread Indian Paneer Curry
Cucumber, Tomato, and Peanut Salad infused with Cilantro Lime dressing

Indian Naan Bread Garbanzo Beans Curry
(Chole) Cucumber, Tomato, and Peanut Salad infused with Cilantro Lime dressing

This cultural lunch will only be available by pre-order.

TUESDAY, APRIL 1

Breakfast: Scrambled Eggs, Hashbrowns, Bacon, Overnight Oats with Berries & Banana

Lunch: Buffalo Ranch Chicken Salad
Garden Rotisserie Chicken Sandwich

Thai Turkey Burger
With Crunchy Slaw & Chili Sauce Cucumber
Edamame & Pepper Salad

WEDNESDAY, APRIL 2

Breakfast: Scrambled Eggs, Oatmeal, Breakfast Potatoes, Sausage Links

Lunch: Aniston Salad
Honey Mustard Ham & Swiss on Pretzel Roll

Swedish Meat Balls
Garlic Pashed Potatoes
Steamed Peas

THURSDAY, APRIL 3

Breakfast: Scrambled Eggs, Loaded Egg Bites

Lunch: Farmhouse Salad
Deluxe Egg Salad on Croissant

Chicken Gyros Harvest Grain Bowl

FRIDAY, APRIL 4

Breakfast: Scrambled Eggs, Breakfast Sandwiches

Lunch: Uptown Salad
Southwest Chicken Wrap

Baked Fish or Shrimp and Chips
with Captain Tartar Sauce Coleslaw

Monday — Friday:

Hot Breakfast from 7:00 a.m. to 8:30 a.m.

Hot Lunch from 11:00 a.m. to 1:00 p.m.

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